

Child Neurology Society Education Center

# Advances in Pediatric Neurology Seminar Series

*A CME Accredited Seminar Series*



## Multidisciplinary Care for Postural Orthostatic Tachycardia Syndrome

**Tuesday, March 11, 2025**

3:00 pm CST • Seminar is live & recorded

*Available for purchase*

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### Seminar Description

Pediatric neurology providers are poorly trained in Postural Orthostatic Tachycardia Syndrome (POTS) diagnosis and management, and significant stigma still surrounds this condition in medicine. Awareness of POTS has grown significantly since the association of its presentation with Long-COVID, however treatment is still aimed at symptom management, which is insufficient for many patients. We began our UCLA multidisciplinary POTS clinic in 2018, and since that time have provided care for over 350 patients. Patients receive comprehensive evaluation with neurology, cardiology, rheumatology, and nutrition. Referrals are frequently made to occupational therapy, physical therapy, psychology, and gastroenterology. We will review the existing POTS literature, and describe our extensive experience in this area, focusing on our research in the care of autistic children with POTS. In our clinic, 16% of our patients are autistic with autonomic dysfunction. We hope this session inspires pediatric neurologic providers to seriously consider POTS evaluation and treatment as part of their clinical portfolio, and begin utilizing multidisciplinary care approaches.



## Moderator



### Meeryo Choe, MD, FAAN

Dr. Choe is the founder of the UCLA Multidisciplinary Pediatric Autonomic Dysfunction Clinic. Since October 2018, she has taken care of over 350 patients with POTS and other disorders of orthostatic intolerance. Her interest in POTS began as a Sports Neurology Fellow where she observed that 20% of the concussion patients experienced some form of orthostatic intolerance after their injury. She was awarded a grant by the AIR-P to investigate autonomic dysfunction in autistic individuals.

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## Speakers



### Lauren Waldron, MD

Dr. Waldron graduated from the UCLA NDD fellowship in 2024. She is currently working at UCLA specializing in patients with neurodevelopmental conditions.



### Madison Harris, OTD

Dr. Harris is the founder of BrainSPORT's Occupational Therapy Residency Program as well as the Director of Occupational Therapy Services for Operation Mend. She is a Co-Investigator on Dr. Choe's AIR-P grant, and developed the OT therapy protocol for autistic individuals with POTS.

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## Child Neurology Society

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