

COUNTDOWN TO BOSTON

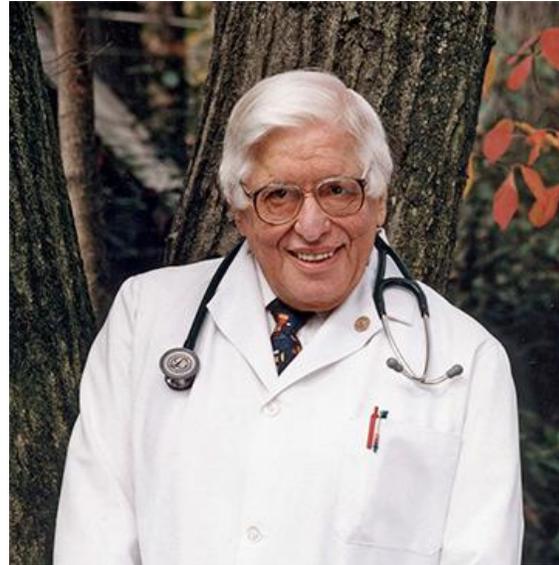
44 DAYS



"G" is for Gold

After a weekend spent binging on Texans (Roy Elterman and Marvin Fishman), it might be wise to try a slow taper rather than risk giving up the Lone Star State cold turkey. A portion of one part Texas, two parts Midwest and Mountain states, and one final pinch of Texas just might do the trick.

Most people associate Arnold Gold with New York, and rightly so. He was a forceful presence on a formidable faculty at Columbia University College of Physicians and Surgeons for more than fifty years. What most people don't know is that, despite being born and raised in New York City, he was sent away to high school in Galveston, TX, then sandwiched three years as a navy corpsman in World War II in between beginning and ending his undergraduate studies at the University of Texas (albeit without ever quite learning how to convincingly say "Y'all!").



Completing a master's at the University of Florida, he moved on to attend medical school at the University of Lausanne in 1954, followed by an internship in New Orleans and residency at the Cincinnati Children's Hospital, where he worked with Dr. Albert Sabin on the first polio vaccine. Only then, as if drawn by destiny, did he return to New York for good. In much the same way that Phil Dodge captured the hearts and minds and souls of a new, emerging generation of giants in child neurology, Sidney Carter's magnetic brilliance had the same effect on a whole host of child neurologists matriculating through Manhattan. He drew Arnold into the field on the strength of a mesmerizing one-month rotation at the Neurological Institute of New York. The rest, as they say, is history,

I can't follow the labyrinthine path through labs, clinics and hospital wards, as you well know. But, what I can grasp and appreciate with my background in the humanities is Dr. Gold's passion for reinfusing medicine with humanistic purpose. In a touching tribute co-authored by Nigel Bamford and Darryl De Vivo for the Winter 2018 *CNS Connection*, following Dr. Gold's passing, they wrote the following:

"A charter member of the Child Neurology In Society and recipient in 2005 of the Society's Lifetime Achievement Award, Gold is perhaps best known for founding,

in 1988 along with his wife, Dr. Sandra Gold, the Arnold P. Gold Foundation, dedicated to fostering humanism in medicine. With a grant from the Robert Wood Johnson Foundation, he gathered fifty medical school deans together to discuss ways to offset the diminishing emphasis on the humane aspects of medicine. He proposed mechanisms that would inculcate these humanistic behaviors in medical students at the beginning of their careers; behaviors that he regarded as fundamental to the practice of medicine.

One outcome was the White Coat Ceremony that medical and dental students participate in at the beginning of their training. The first ceremony was in 1993 at the Columbia University College of Physicians and Surgeons; it has since spread to nearly every medical and dental school in the United States and more than a dozen countries overseas. The white coat is a symbol that emphasized the ethical, moral and humane imperatives that medical students accept upon matriculation."



"Much has changed in medicine since Dr. Arnold Gold began his career, but his ideals and teachings have not, and now live on in many, if not all, practicing child neurologists."

(from a tribute written by Drs. Nigel Bamford and Darryl De Vivo, published in Winter 2018 *CNS Connections*).

Heartfelt thanks to Dr. Arnold Gold,
"one of our own"
Charter member of the Child Neurology Society
2005 CNS Lifetime Achievement Awardee

Congratulations and thanks to
The Arnold P. Gold Foundation
for supporting the annual presentation of the
Humanism in Medicine Award
and the biennial staging of the
Humanism in Medicine Luncheon at CNS National Meetings

In 2010, the Arnold P. Grant Foundation supported presentation of the first Humanism in Medicine Award at the CNS Annual Meeting in Providence to Dr. Ruth Nass. Dr. Nass, who passed away in 2019, trained under Dr. Gold at Columbia University. Fittingly, this year's recipient of the Gold Humanism Award, Mary Zupanc, was Arnold's colleague at Columbia early in her career, thus bookending for the 50th Annual Meeting two of Arnold's acolytes receiving the award named, supported and presented in his honor. No award was presented last year during the virtual joint meeting owing to ICNA not having an equivalent award, but prior to that, tracing backwards, the following CNS members have also received the Arnold P. Gold Foundation Humanism in Medicine Award: Drs. H. Terry Hutchison, Audrey Foster-Barber, David Coulter, Oscar Papazian, Robert Zeller, Kenton Holden, Douglas Postels, Marvin Fishman, and in 2011, Shaul Harel.

Dr. Harel plans to travel from Israel to join us in Boston for this year's meeting, and he has consented to be available to sign copies of his memoir, published in June, *A Child Without a Shadow*. No one sitting in on

Dr. Harel's brief speech accepting the Gold Humanism Award at the 40th Annual CNS Meeting in Savannah in 2011 can forget his stirring story of being rescued at age 5 from his parents' fate at Auschwitz by a young woman working with the Belgian resistance. This book tells that story in greater, gripping detail and goes on to recount his amazing tale of overcoming this and other traumas and challenges to become, in time, an internationally renowned and revered pediatric neurologist. Shaul is pictured below with friends, Paolo Curatolo and David Stumpf to his left.



"G" is also for Guggenheim...



Mary Ann Guggenheim began her two-year term as the first female President of the Child Neurology Society in October 1981 at the 10th Annual Meeting held in Minneapolis. My boss, Larry Lockman, began his tenure as CNS Secretary-treasurer at the same time. While I worked at the meeting for a few hours and may have sat in on Ken Swaiman's Hower Award address delivered on Friday night (back then it was part of the closing gala/reception and social gatherings were anathema to me), I don't think I met Dr. Guggenheim then, or maybe even five years later in Phoenix, when the picture above was taken with Peggy Copple (to her right/our left; and Mary Ann's longtime partner, Jan Donaldson on her left/our right). Dr. Copple was another "pioneering" female pediatric neurologist back when they were few in number, let alone in "positions of power"; she served on the CNS Executive Committee from 1989-93 as the first female Secretary-treasurer.

I do vividly recall talking to Mary Ann in 2009 when she received one of the two Lifetime Achievement

Awards presented in Louisville, along with Dean Timmons. I knew second hand from Larry that she was head of the program at the University of Colorado, and that some years later, beguiled by the beauty of "God's Country," she moved to Montana to set up private practice, passing the directorship at Colorado on to her protégé, David Stumpf, who soon afterward became CNS President (1985-87) and was the architect of the first, and hugely successful joint CNS-ICNA meeting in San Francisco in 1994.

I was struck in talking to Mary Ann by her passion for fly-fishing and woodworking, both items on my bucket list. I would love to follow her back to God's Country and learn a bit about both from a master, but time keeps slipping away and the chances of that happening float downstream and out of sight. Still, a guy can dream, can't he?

...and Garg...



If Arnold Gold could fill a room with his presence, Bhuwan Garg could instantly brighten it with his smile. Although he trained at the University of Minnesota before my time, subsequently moving on to a long and celebrated career infusing the program at the University of Indiana with his wisdom and energy, he introduced himself to me at my first meeting and made a point of seeking me out at every meeting thereafter. I assumed he did so because of our shared Minnesota connection, but I later came to see it was more likely because that's who he was and how he lived: he sought everyone out and everyone sought him out. I can't think of too many members more beloved than Bhuwan. When he passed away in March 2012, and his family came to the CNS meeting in Huntington Beach in the Fall to receive the Lifetime Achievement Award on his behalf, one could almost palpably sense throughout the Spring and Summer and early Fall a long, slow collective sigh of grief and sadness let out within the CNS. His avid devotion to the High School Neuroscience Award program conducted in collaboration with the AAN, was aptly recognized by renaming the annual award in his honor. The photo to the right/below shows him with High School Neuroscience Awardee, Henry Marr at the 2003 meeting in Miami Beach.

The 2021 recipient of the Bhuwan Garg High School Neuroscience Award is Meagan Ryan, from Ossining, NY. Meagan will be enrolled as a first-year student at Northeastern University, mere blocks away from the CNS meeting site.

....and Goddard-Finegold



More "Gold" ("Fine" Gold, even), and a final pinch of Texas for our taper....

This has been a hard entry to write, with three of the four featured no longer with us. Jan Goddard-Finegold trained at Baylor College of Medicine in the early 70s and remained on faculty for nearly 30 years, focusing neurodevelopmental pediatrics. All of the Baylor faculty and residents back then (and now) were open and friendly; all seemed to constantly hang out around the registration area at CNS Annual Meetings, due in large part to Nancy Ivy's gregarious presence behind the counter. Nancy was Dr. Fishman's assistant, enlisted to help out beginning in 1994 when the joint CNS-ICNA Meeting in San Francisco upped the ante on staffing; she continued in that role for another two decades. Jan was among the most open and friendly of that Texas cohort. She was also a uniquely gifted amateur photographer, generously volunteering to fill that role for the CNS at annual meetings for years. Many of the photographs from the 90s you have seen this past week or will see in the weeks to come were taken by Jan. I don't recall the nature of her prolonged illness, but I do know that photos taken by her drop off around the new millennium, when she was no longer able to come to meetings. She retired from Baylor in 2005 and passed away in October 2019, a few weeks before the CNS meeting in Charlotte.

Until tomorrow (the letter "H")
Roger

Roger Larson, CAE
Executive Director

On-line Registration is Open!

Registration is now open for the long awaited 50th Golden Anniversary Meeting of the Child Neurology Society in Boston. Registrants attending this milestone meeting live and in-person in Boston will want to register early (some sessions are limited and reservation-only). You will also want to book hotel rooms ASAP. A link and access code to the Sheraton Boston Hotel will be included in your registration confirmation email.

[Click to Register](#)

2021 CNS 50th Annual Meeting

For more information, click button below.

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